

2015 Code Implementation

Version: 1.0

Valid from: 1 September 2014

The Motor Sports Association (MSA) aim, working in partnership with UK Anti-Doping (UKAD) to ensure that sport is protected from the threat of doping, and that competitors have the consistent right to compete against other clean competitors.

Anti-doping, like sport is governed by rules. From 1 January 2015 a revised World Anti-Doping Code (2015 Code) comes into effect. This means that internationally everyone will be working to a new set of anti-doping rules that will guide the anti-doping programmes in each country.

As a competitor it is vital that you understand the 2015 Code and its implications. **Strict liability** always applies.

The 2015 Code is targeted at those who choose to deliberately cheat. From 1 Jan 2015, four-year bans will be the minimum sanction for a positive test on the first offence.

However, the 2015 Code also has less sympathy for carelessness. The penalty for inadvertent doping is likely to be a two-year ban or more.

Remember the risks associated with supplements and how to minimise them – supplements are still the biggest cause of inadvertent doping in the UK. From 2015 you have a responsibility to ensure that you undertake thorough research (for example in-depth internet search) of all products you are intending to take, prior to use. A four-year ban is hard to swallow.

For more information, please read the 2015 Code Athlete factsheet and visit **UKAD's 2015 Code**

Microsite [www.ukad.org.uk/2015-code]

Follow UKAD on **Twitter @ukantidoping**, so you can stay updated at all times.

You can also go to the **WADA website** [www.wada-ama.org] for key facts, and to see the 2015 Code documentation.

For information on Therapeutic Use Exemption certificates please read the MSA Anti-Doping Regulations:

<https://www.msauk.org/assets/tue.pdf>

Kind regards,

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